

# Parenting Tip of the Month

## August



Lower Elementary Teachers

## Manners Matter!

### *Four Easy Ways to Teach Kids How to Behave*

In all parts of their lives, children with great manners have a powerful advantage over those who do not. They make friends easier, get along better with their teachers, and eventually make much better employees and spouses. Here are four techniques that will give your child this life-long gift:

#### **Tip No. 1: Make a list.**

Sit down with your kids and make a list of the specific behaviors polite people display. Have fun with this activity. Your written list might look something like:

- Say “please” and “thank you”
- Eat with their mouths closed
- Burp in the privacy of their own rooms
- Say “excuse me”
- Hold doors open for people

#### **Tip No. 2: Model these manners.**

Children learn much more from our actions than from our words.

#### **Tip No. 3: Provide kids what they want only when they use manners.**

When parents use Love and Logic, they don’t waste their breath lecturing about good manners. Instead, they very politely refuse to provide what their kids want unless they hear a sweet “please” or “thank you” and see the other behaviors on their “manner list.”

For this to work, parents must respond to requests with polite sadness instead of anger or sarcasm. For example, a parent might say in a sad tone of voice, “This is such a bummer. We can’t go to the movies today because you need more practice with manners first.”

A parent who sets this limit, avoids anger or sarcasm, and holds firm by staying home will see a very upset child in the short-term and a much happier, more responsible one in the long-term.

#### **Tip No. 4: Expect them to repay you for any embarrassment they cause.**

If your child continues to be rude, he or she may need to repay you for the embarrassment or inconvenience created. With genuine empathy and sadness, a parent might say, “How sad! Your rudeness at Aunt Mary’s house really drained the energy out of me. I’ve been too tired to clean the bathrooms. When you get them done, I’m sure I’ll feel a whole lot better.”

If the child refuses or forgets to do the chore, wise parents don’t lecture or threaten. Instead, they quietly allow their child to “pay” for their bad manners with one of their favorite toys.

Thousands of parents have transformed manner monsters into polite kids who are a pleasure to be around. At one Love and Logic seminar, a parent commented, “When I used these tips, my boys almost immediately started to shape up. They even warned one of their rather rude friends who was visiting: ‘Better stop burping ... Our mom’s gonna make you do chores.’”

Give these Love and Logic tips a try, and see how much fun parenting can be!

People who are really successful implementing this skill purchased [Love and Logic Magic When Kids Drain Your Energy](#)



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# Material of the Month

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# ROAR Reading Log Tips

## • Reading Reminders/Suggestions:

Please spend time reading aloud with your child as much as you can. The guideline is basically: 10 minutes daily for first grade, 20 minutes for second grade, and 30 for third grade. Beginner readers should be reading **aloud** - you can take turns reading aloud (one page Mom or Dad, one page your child, etc). It's important to model good reading fluency. Also, if your child is reading independently, please check for **comprehension** by asking them to summarize what they read, or ask some questions about story elements such as: (characters, setting, problem, solution, favorite part, predict what will happen in the next chapter, etc... - for nonfiction - ask them to recall some important facts that they learned).

## • Reading Response Suggestions:

On the ROAR reading log your child will be responsible for writing their own response/sentences.

- Inventive (phonetic) spelling is acceptable as well as guiding your child with their response. However, please refrain from writing the response **for** your child. They are learning to write their own sentences independently and benefit from the practice.
- Your child may use a dictionary book to help them.
- You may model the word for your child on another piece of paper and they may copy it to their response paper.
- Set aside a place and a time to be consistent in completing their reading log. Don't wait until the last night to begin.
- Please remember to sign and date the reading log and have your child put it in their backpack to turn in on Friday.

## Reminder:

Homework really serves the purpose of helping children become accustomed to managing their time, sticking to a schedule, and being responsible for turning it in.