



Dear Cougars Den Parents,

I'm delighted to announce that, effective February 4th, we are offering school lunches to our preschool students in our Extended Care program (aka Cougars Den). Below are the program details.

- 1) A special Extended Care Lunch Menu for our preschool students is posted on our school website under Quick Links, then Cougars Den Lunch Menu. This menu is the same as DCSDs Nutrition Services Elementary Lunch Menu with the only change being Choice B has been deleted for our preschoolers. Their options each day will be either the hot entree (Choice A) or the sandwich of the day (Choice C).
- 2) On the days your child is buying hot lunch, he/she simply indicates their choice to their teacher when lunch count is taken each morning with attendance.
- 3) No pre-ordering is necessary. You simply decide each day if you want to pack a sack lunch or buy school lunch.
- 4) Your child's lunch will be delivered to them in the Cougars Den by 11:30am, fresh and hot (if Choice A) or cold (Choice C). Their lunch account will be charged at that time.
- 5) Lunch costs \$2.75 per meal and includes entree, choice of fresh fruits and vegetables and 1% low fat white milk, which is optional. The meal price is the same whether your child takes milk or not. Chocolate milk is not offered to our preschoolers.
- 6) For students who bring a sack lunch from home, white milk is available @ \$.50 a la carte. No pre-ordering is necessary for milk as our Cougars Den staff will provide it upon request and your child's lunch account will be charged accordingly.
- 7) To pay for school lunch there are two easy options:
  - a) Cash or check - send in an envelope with your child or drop it off at the Front Office. Please make checks payable to DCSM Lunch with your child's first and last name in the memo line. You may write one check if you have multiple students at our school, just designate the amount for each child.
  - b) On-line payment (preferred method) @ [www.schoolpaymentsolutions.com](http://www.schoolpaymentsolutions.com). This link is also available in the Quick Links box on our school website. Simply create an account using your Campus Portal user name, password and your student's school ID number which you can find in the Campus Portal. There is no service charge for credit or debit card payments. You can sign up for e-mail notifications when the lunch account balance is low as well as view your child's lunch account activity (yes, you can check to see what they are ordering!).

All DCSD students automatically have a lunch account created for them. Their lunch account number is their student ID number and stays the same year after year until graduation or they transfer out of the district. On behalf of our administration, our Cougars Den and Nutrition Services staff, I'm very excited to offer this expanded service to both our parents and our preschool Extended Care students. I'm very proud of our school lunch program and the efforts of DCSD Nutrition Services to provide students healthy and nutritious meal choices.

Please visit <http://www.dcsdnutritionservices.org> for more in-depth information including nutrition information, ingredients, policies, etc. As I do for all our families, I'm happy to work with you, along with our district Registered

Dietitian, if there are special dietary concerns, allergies, restrictions, etc. that need to be addressed. Please feel free to contact me (email is best) with any questions or comments you may have.

Best regards,  
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